

ACTIVITIES TIMETABLE: 15th August –21st August

Please scan the below QR code to view the most up-to-date activities timetable.

# ON-ISLAND ACTIVITIES

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Monday  15 August | Tuesday  16 August | Wednesday  17 August | Thursday  18 August | Friday  19 August | Saturday  20 August | Sunday  21 August |
| Beachfront Watersports \*\* | 10:30am-3pm | 11am-4pm | 12pm-5pm | 1:30pm-5pm | 2:30pm-5pm | 3:30pm-5pm | 7am-8am |
| Blue Pearl Bay Hike & Snorkel |  | 12:30pm-3:30pm |  | 1pm-4pm |  | 1:30pm-4:30pm |  |
| Marine Presentation \*\* |  |  |  |  |  |  |  |
| Kayak Tour & Snorkel |  |  | 2pm-5pm |  | 1:30pm-4:30pm |  | 3pm-5pm |
| Nature Walk \*\* | 4:30pm-5:30pm | 9:30am-10:30am | 11:30am-12:30pm | 11:30am-12:30pm | 11am-12pm | 10:30am-11:30am | 9:30am-10:30am |
| Sand Flat Walk |  |  |  |  |  |  |  |
| Guided Island Loop |  |  | 8am-10:30am |  |  |  | 9:30am-12pm |
| The Island Experience |  |  |  | 10am-12pm |  | 10am-12pm |  |
| Nocturnal Tour | 6:30pm-7:30pm |  | 6:30pm-7:30pm |  | 6:30pm-7:30pm |  |  |
| Sunset Peak Hike \*\* |  | 5pm-7pm |  | 5pm-7pm |  |  | 5pm-7pm |
| Traditional Weaving Class |  |  |  |  |  |  |  |
| Trivia \*\* |  | 6pm-7pm |  |  |  | 6pm-7pm |  |
| Pedal Board Tour |  | 2pm-3pm |  | 3pm-4pm |  | 4pm-5pm |  |
| Recreation Centre \*\* | 24/7 | Soccer Drills 9:30am-10:30am | 24/7 | Table Tennis Comp 10am-11am  Beach Games  10:30am-12pm | Beach Games  10:30am-11:30am | Beach Volleyball 2pm-3pm | Table Tennis Comp 1:30pm-2:30pm |
| Golf Simulator | 8am – 4pm | 8am – 4pm | 8am – 4pm | 8am – 4pm | 8am – 4pm | 8am – 4pm | 8am – 4pm |
| Social Golf | 4:30pm – 6:30pm |  | 4.30pm – 6.30pm |  | 4.30pm – 6.30pm |  |  |
| Planet Trekkers  Kids Club | 8:30am -12pm  1:30pm – 5pm | 8:30am -12pm  1:30pm – 5pm | 8:30am -12pm  1:30pm – 5pm | 8:30am -12pm  1:30pm – 5pm | 8:30am -12pm  1:30pm – 5pm | 8:30am -12pm  1:30pm – 5pm | 8:30am -12pm  1:30pm – 5pm |

\*\* Complimentary Activities

# WATERSPORTS

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Monday  15 August | Tuesday  16 August | Wednesday  17 August | Thursday  18 August | Friday  19 August | Saturday  20 August | Sunday  21 August |
| Langford Island Escapade |  | 9am-11am | 9am-11am | 9am-11am | 9am-11am | 9am-11am | 9am-11am  1pm-3pm |
| Blue Pearl Bay 2 Escapade | 9am-11am |  | 2pm-4pm | 1pm-3pm | 1pm-3pm |  |  |
| Bali Hai Escapade | 1pm-3pm | 1pm-3pm  2pm-4pm | 1pm-3pm | 2pm-4pm | 2pm-4pm | 2pm-4pm |  |
| Sunset Escapade |  | 4pm-6pm |  | 4pm-6pm |  |  | 4pm-6pm |
| Fishing Charter | 8am-11:30am |  | 8am-11:30am |  |  | 8am-11:30am |  |
| Fishing Feeding\*\* | 10:15am | 10:15am | 10:15am | 10:15am | 10:15am | 10:15am | 10:15am |

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|  | Monday  15 August | Tuesday  16 August | Wednesday  17 August | Thursday  18 August | Friday  19 August | Saturday  20 August | Sunday  21 August |
| Fitness Classes | Vinyasa Yoga  8:30am-9:30am | Yin Yoga  8:30am-9:30am |  |  | Vinyasa Yoga  8:30am-9:30am  30 min Meditation  11:30am-12pm | Vinyasa Yoga  8:30am-9:30am  Yin Yoga  1pm-2pm | Vinyasa Yoga  9:30am-10:30am  Island Stretch & Meditation  2:30pm-3:15pm |

# WATER SNORKEL & DIVE

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Monday  15 August | Tuesday  16 August | Wednesday  17 August | Thursday  18 August | Friday  19 August | Saturday  20 August | Sunday  21 August |
| Guided Jet Ski Tour |  | 3:30pm-5pm | 3pm-4:30pm | 3:30pm-5pm | 2pm-3:30pm | 2:30pm-4pm | 2pm-3:30pm |
| Guided Dive & Snorkel Tour |  |  | 9am-12pm |  | 9am-12pm |  | 9am-12pm |
| Whitehaven Beach Tour |  | 9:30am-1pm |  | 9:30am-1pm | 9:30am-1pm |  |  |
| Semi-Submersible Coral Reef Viewing |  |  | 12:30pm-1:30pm |  | 3:30pm-4:30pm |  |  |
| Stunning Sunset Cruise |  |  | 4:30pm-6pm |  |  | 4:30-6pm |  |
| Mermaid Pool Session |  |  |  |  |  |  |  |

\*\*Mermaid sessions and snorkel lessons available upon request (need 24 hours notice)

HELIREEF DAILY SCHEDULE - AIR EXPERIENCES

|  |  |  |
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| Tour | Duration | Daily Times |
| Outer Reef Discovery | 3 hours | 8:20am, 2:30pm |
| Best of Both Worlds | 4.5 hours | 8:20am, 1pm |
| Whitehaven Beach Indulgence | 2 hours | 10:30am, 1pm, 3:30pm |
| Whitsunday Dream Tour | 2 hours | 10:30am, 1pm, 3:30pm |
| Whitehaven Beach Scenic | 30 minutes | 10:30am, 1pm, 3:30pm |
| Heart Reef Express | 45 minutes | 10:30am, 1pm, 3:30pm |
| Heart Reef & Whitehaven Beach Scenic | 60 minutes | 10:30am, 1pm, 3:30pm |

All activities are based upon availability and times are subject to change.

Please enquire with Activities at the Adventure